



Episcopal
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Episcopal Diocese of Rochester

VIRTUAL CAREGIVER Support Group

A Ministry of Compassion and Support

You're Not Alone - We're Here for You!

Caring for a loved one with dementia can be overwhelming. Join our Virtual Caregiver Support Group to connect with others who understand and share your experiences. Whether you're new to caregiving or have been on this journey for a while, we're here to offer guidance, comfort and support.

Facilitated by dementia expert, Brian Potvin, Directory of Community Dementia Services with a member of the ESLC Chaplaincy Team

When:

Thursday, July 31st at 5:00 p.m.

Every Last Thursday of the Month

What to Expect:

Peer Support

Share your challenges and success with others who truly understand.

Expert Guidance

Learn helpful strategies and resources for managing stress, self-care and caregiving duties.

Spiritual Encouragement

Prayers and reflections to help you navigate this journey with faith.

Safe & Welcoming Environment

Confidential and supportive space to express your feelings and concerns.

Register:

Scan QR code or email communications@episcopalrochester.org.

We are here to support you on your caregiving journey.

