



Crossroads
of Caring

Supporting community spiritual health

crossroadsofcarings.org
@CrossroadsOfCaring
Phone: 585-310-2513

EQUIPPED TO CARE

training for compassionate visitors

E2C is a certificate program for pastoral visitors, pastoral callers, spiritual care team members, peer counselors, family caregivers, home healthcare professionals, Stephen's Ministers, individuals who want to improve their ability to provide spiritual support to others at work, volunteering or amongst friends and family, and those who want to become better listeners to prepare people through interactive instruction and reflection on experience for effective caregiving. Students will develop spiritual care skills that provide a foundation for offering basic spiritual and emotional support to others.

Workshop topics: The Role of a Spiritual Caregiver, Reflective Listening, Healthy Boundaries, Empathy, Grief & Loss

On-line Module topics: Spiritual Assessment, Cultural Humility, The Problem of Suffering, Suicide Prevention, Hospice & Palliative Care, Cognitive Impairment



Tentatively September 10, 2022 - November 21, 2022



In-person workshop at St. Mark's & St. John's (1245 Culver Road, Rochester, NY 14609): 9/10/22 8:30am - 12:30pm

Virtual Monthly Meetings: 9/19, 10/3, 10/17, 11/7, 11/21 @ 7:00-8:30pm



Volunteer Service*: 4 hours/month (12 hours total) at your own faith community or a community volunteer site, arranged to fit your schedule.



\$150 tuition fee (includes \$40 application fee)

*A background check will be conducted as part of the application process.