

THE EPISCOPAL NETWORK FOR STEWARDSHIP
helping people live generously



transforming  *generosity*

**Creating Your
Money Autobiography**



What is a Money Autobiography?

- How we have been taught to think about money.
- How we feel about money.
- How money influences our lives.
- A navigational tool for our relationship with money.



Where to start?

- Concentrate on your feelings.
- Think instinctively about money in your life.
- Be open to surprising revelations.
- Begin by working alone.
- Eventually, you might want to share with others you trust.



Childhood Memories of Money

- What do you remember about money when you were a child?
- What did your parents think about money?
- Did the issue of money cause stress or comfort?
- Was there talk about debt?
- Was there talk about giving to church or charity?



As You Grew Older...

- Did you get an allowance?
- Did you have a job to earn your own money?
- How did you decide to spend your money?
- Did you buy your own clothes, stereo, car?



Moving into Adulthood

- Did you go to college? If so, how did you pay for the cost of college?
- Did you go right into the work force. If so, was money the issue?
- How do you feel about either option?



Becoming More Independent

- Did you feel prepared to manage your own finances?
- Did you know how to plan a budget and stick to it?
- What did you wish you had known when you launched on your own?
- What did you have to learn the hard way?



Growing Older

- **Has your relationship with money shifted?**
- Have any of your habits around money changed over the past 10-20 years?
- **Were those changes accidental or on purpose?**
- Have you committed to give more to church/charity?
- If you are married, are you able to talk openly and non-anxiously about money?



Currently

- How do you feel about your current financial situation?
- What would make your feelings better or worse?



The Future

- Are you hopeful or **anxious** as you think about the future?
- How do those feelings impact your feelings about growing older?
- Have you used a financial planner to help you get ready for retirement?



Retirement and Beyond

- Have you considered how your life might change on a fixed income?
- Do you believe you will have enough money in retirement?
- Have you developed a will and considered leaving money to your church or charity?